

## CLIMACTERIC REMEDIES\*

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*Amyl. nit.*: Face flushes on slightest emotion; tumultuous and ir-regular heart < mental emotion; organic heart disease, during; paralytic sensations in extremities; flushes followed by drenching sweats; opens clothes, must have fresh air, cold air and cold water.

*Belladonna*: Congestive headaches, plethora sudden relief from sweat.

*China*: Excessive sensitiveness to cold; hot flashes followed by drenching sweats; throbbing headaches and anemia.

*Cimicifuga*: Melancholy, low spirits and nervous headache on vertex; suspicious; thinks she will go crazy; numb sensations; bruised, sore muscles.

*Cocculus*: Menses reappear after a year's cessation; sea sickness from carriage or boat riding; exceeding weakness during menses; palpitation, nervous weakness, fainting.

*Conium*: Nervous states during and after climacteric; morning weakness; vertigo on lying or turning in bed; urination intermits m flow; old maids; suppressed sexual desire; soreness of mamma at menses; hard tumors; cancerous tendency.

*Crocus*: A live sensation in abdomen; dark, stringy menses; < least exertion; haemorrhage.

*Ferrum*: Fiery red face, with enlarged veins; nervous cases that cry and laugh immoderately; sweats from every motion; vomits solids.

*Graphites*: Burning vertex pain, delayed menses, obesity and constipation; leucorrhoea, menses, haemorrhages, etc., come in gushes; cicatrices in mamma or cervix; unhealthy skin, glutinous exudates; every injury suppurates.

*Lachesis*: Hot flashes of dry heat; pressure and burning on vertex; metrorrhagia frequent, alarming; < on waking; > flowing; < lying on left side; < touch; left sided symptoms; loquacity.

*Magnolia*: Mental and physical inability and lassitude of mind and body, leading to despondency. Confusion, apprehension and dullness of hearing.

*Merc. sulf*: Sweats followed by chill; in folds where limbs are crossed, etc.

*Phosphorus*: Haemorrhagic cases; small wounds bleed much; haemorrhages from any outlet, replacing menses, etc.

*Pulsatilla*: Epistaxis replacing menses; mild, tearful; > open air and cool room.

*Sanguinaria*: Migraine; flashes of heat and leucorrhoea; burning and redness of cheeks, ears, palms and soles; pulmonary symptoms, lower (right) lobe; gastric symptoms; burning heat in stomach; heart irregular; muscles of neck and down back weak and sore.

*Sepia*: Pelvic and kidney symptoms prominent; foetid urine with claylike sediment, tightly adherent to vessel; yellow patches on skin; prolapsus with burning headache; sad.

*Sulphur*: Low spirited; ill humour; weeping; constant hot, vertex headache; acidity of stomach; skin symptoms or piles, suppressed, pruritus ani or vulva; weak, faint spells in a. m.; menorrhagia; flashes followed by prostration, hungry feeling or cold sweat; skin dry; hunger at 11 a. m.; suffocation, wants window and doors open.

*Sulph. ac.*: Flushes with perspiration or profuse perspiration on upper part of body only; debility; internal trembling (Caul); perverted sensations, as of a film on face; hurried, restless and nervous.

*Thyroidin*: Paintings, lividity, palpitation, jumping sensation about heart; flushings with nausea, < on upper part of body; profuse sweats on least exertion.

*Verat. alb.*: Despondency; cold sweats, even in a warm room; very nervous, as if she must fly; constipated and depressed.

*Xanthox.*: Intense flashes, as if to die, wants to be bled; nervous and apprehensive, noises and shadows frighten; sighing and constant desire to take a deep breath; dysmenorrhoea, patient pulls her hair in agony.

*\*Excerpted from The Medical Century and other sources, for ready reference.*